



Harris Hip Score

Patient's name (or ref) \_\_\_\_\_

Please answer the following questions.

**Section 1**

**Pain**

- None, or ignores it
- Slight, occasional, no compromise in activity
- Mild pain, no effect on average activities, rarely moderate pain with unusual activity, may take aspirin
- Moderate pain, tolerable but makes concessions to pain. Some limitations of ordinary activity or work. May require occasional pain medication stronger than aspirin
- Marked pain, serious limitation of activities
- Totally disabled, crippled, pain in bed, bedridden

**Support**

- None
- Cane/Walking stick for long walks
- Cane/Walking stick most of the time
- One crutch
- Two Canes/Walking sticks
- Two crutches or not able to walk

**Distance walked**

- Unlimited
- Six blocks (30 minutes)
- Two or three blocks (10 - 15 minutes)
- Indoors only
- Bed and chair only

**Limp**

- None
- Slight
- Moderate
- Severe or unable to walk

**Activities - shoes, socks**

- With ease
- With difficulty
- Unable to fit or tie

**Stairs**

- Normally without using a railing
- Normally using a railing
- In any manner
- Unable to do stairs

**Public transportation**

- Able to use transportation (bus)
- Unable to use public transportation (bus)

**Sitting**

- Comfortably, ordinary chair for one hour
- On a high chair for 30 minutes
- Unable to sit comfortably on any chair

To score this section all four must be 'yes', then get 4 points. Nb. Not 1 point for each four or nothing.

**Section 2**

Does your patient have ALL of the following: -

- |                          |     |   |
|--------------------------|-----|---|
| <input type="checkbox"/> | yes | Less than 30degrees of fixed flexion                    |
| <input type="checkbox"/> | no  | Less than 10 degrees of fixed int rotation in extension |
| <input type="checkbox"/> |     | Less than 10 degrees of fixed adduction                 |
| <input type="checkbox"/> |     | Limb length discrepancy less than 3.2 cm (1.5 inches)   |

**Section 3 - Motion**

**Total degrees of Flexion**

- None
- 0 >8
- 8 > 16

**Total degrees of Abduction**

- None
- 0 > 5
- 5 > 10

- 16 > 24
- 24 > 32
- 32 > 40
- 40 > 45
- 45 > 55
- 55 > 65
- 65 > 70
- 70 > 75
- 75 > 80
- 80 > 90
- 90 > 100
- 100 > 110

- 10 > 15
  - 15 > 20
- Total degrees of Ext Rotation**
- None
  - 0 > 5
  - 5 > 10
  - 10 > 15
- Total degrees of Adduction**
- None
  - 0 > 5
  - 5 > 10
  - 10 > 15

The Harris Hip Score is:

### Grading for the Harris Hip Score

#### Successful result

=post operative increase in Harris Hip Score of > 20 points + radiographically stable implant + no additional femoral reconstruction

Or

<70 Poor

70 - 79 Fair

80-89 Good

90 -100 Excellent