



Mayo Wrist Score

Patient's name (or ref)

Please answer the following 12 multiple choice questions.

During the past 4 weeks.....

Section 1 - Pain Intensity

- No pain
- Mild Occasional
- Moderate, tolerable
- Severe to intolerable

Section 2 - Functional Status

- Returned to regular employment
- Restricted employment
- Able to work, but unemployed
- Unable to work because of pain

Section 3 (choose either 3a or 3b)

3a - Range of Motion (% of normal side)

- 100%
- 75-99%
- 50-74%
- 25-49%
- 0-24%

3b - If only injured hand examined

- Greater than 120 degrees
- 90-120 degrees
- 60-90 degrees
- 30-60 degrees
- less than 30 degrees

Section 4 - Grip strength % of normal

- 100%
- 75-100%
- 50-75%
- 25-50%
- 0-25%

The Mayo Wrist Score is

Interpreting the Wrist Mayo Score

90-100 Excellent

80-90 Good

60-80 Satisfactory

Below 60 Poor